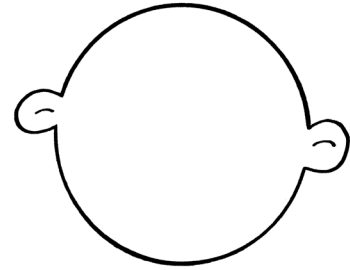


A week in the life of:

Add details to this face to show how you've felt about this week.

At school this week, I learnt...

I felt proud of myself when...



One thing that made me laugh was...

I felt grateful for...

Something challenging that happened was...

I overcame this challenge by...

Overall this week has been:



really bad



meh



ok



pretty good



the best!

Something Extra!

This week, surprise a family member or caregiver by doing something nice for them – make them a cup of tea or help with the dishes without being asked. See how they react.

