

# Helping Kids to Develop a Growth Mindset

Mistakes help me learn and grow.

I am on the right track.

I try things that are sometimes hard for me.

I stick with things and don't give up.

I cheer myself up when things get hard.

I am a problem solver!

I always try new things.

Learning is one of my superpowers!

I am always brave enough to try.

I get better at things when I practice.

When I don't succeed right away, I try again.

I ask for help when I need it.

I learn from my mistakes.

I don't compare myself to others.

When I don't succeed, I say, "I can't do it YET, but I'll keep trying."



# Helping Kids to Develop a Growth Mindset

Mistakes help me learn and grow.

What mistakes have you made?

How did they help you grow as a person?

I am on the right track.


How do you know when you are on the right path?

I try things that are sometimes hard for me.

What is something new you have tried that was hard for you?


I stick with things and don't give up.

What is something you have stuck with, and you didn't give up?



I cheer myself  
up when  
things get hard.

How do you cheer yourself up when things get hard?



I am  
a  
problem solver!

How do you show you are a problem solver?



I always  
try  
new things.

What new things do you like to try?



Learning  
is one of my  
superpowers!

What other superpowers do you have?

I am  
always  
brave enough  
to try.

When have you had to be brave?

I get better  
at things  
when I  
practice.

What things are you better at with practice?

When I don't  
succeed  
right away,  
I try again.

What have you tried many many times before you could do it?

I ask for  
help when I  
need it.

When have you asked for help?



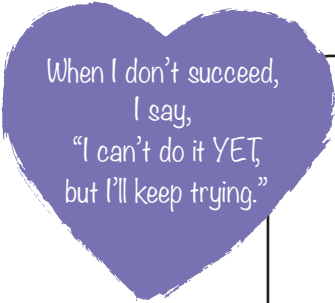
I learn  
from  
my mistakes.

What mistakes have you made? What did you learn from these mistakes?



I don't compare  
myself  
to others.

Why do you think comparing yourself with others is not such a good thing to do?



When I don't succeed,  
I say,  
"I can't do it YET,  
but I'll keep trying."

What is something you haven't been able to do yet, but you keep on trying?

