Dear parents and caregivers

This term/Over the next few weeks, we will be covering Body Safety Education and as part of our well-being/xxxxxx/Respectful Relationships program. We will be discussing Body Safety with the children and the fact that they have the right to feel safe and respected all of the time.

We firmly believe from a young age, children need to learn that their body
is their body and no one has the right to touch it inappropriately.

The children will cover the following key points:

* that they have rights in relation to their body
* that some parts of their body are private
* that if someone does touch their private parts, asks them to touch their
private parts or shows them images of private parts, they should tell
a trusted adult and keep on telling until they are believed
* that there are secrets, such as someone touching their private parts,
that should never ever be kept

In these lessons children will:

* discuss emotions and feelings such as happy, sad, angry, worried, etc.
* talk about what it is like to feel ‘safe’ and ‘unsafe’
* discuss their Early Warning Signs
* discuss ‘body boundaries’, consent and respect
* identify trusted adults that they could go to if they are feeling unsafe
(a Safety Network)
* identify all body parts, including private body parts and private zones
* discuss secrets and surprises, and how some secrets that make them feel
bad or uncomfortable should never be kept

A parent information session will be held on xxxxxxxx.

Please contact us, if you have any questions.

Thank you

Xxxxxxxx