

# LITTLE BIG CHATS

## INFO SHEET



The Little BIG Chats series of 12 books has been written to assist parents, caregivers and educators to have open and age-appropriate conversations with early learners around crucial, and yet at times, 'tough' topics. And what better way than using children's picture books!

Some pages will have questions for children to interact with and discuss. Feel free to use these questions and the Discussion Questions provided on the inside back cover of each book to delve into the topic being explored.

There are FREE lesson plans for each book and a FREE to download poster of all 12 characters, so the children get to know each little person in this series.

### The 12 books in the Little BIG Chats series are:

- Empathy: Exploring the meaning of empathy and kindness
- I Always Try: Developing a growth mindset of resilience and persistence
- Feelings: Understanding different feelings and emotions
- Everyone is Equal: Introducing the importance of gender equality and diversity
- Around the World: Celebrating the importance of racial equality and diversity
- Mindfulness: Exploring the importance of mindfulness and learning calming skills
- Families: Celebrating diversity in families
- Consent: Introducing consent and body boundaries
- My Safety Network: Introducing a Safety Network (3 to 5 trusted adults a child can go to if they feel unsafe)
- My Early Warning Signs: Exploring Early Warning Signs and what to do if a child experiences these signs
- Private Parts are Private: Learning private parts are private and what to do if touched inappropriately
- Secrets and Surprises: Learning the difference between secrets and surprises

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free resources  
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Ages  
2-6  
years

LittleBIGChats

Little books to help kids unpack BIG topics



Discussion  
Questions in  
each book!