

# Classroom Discussion Cards

These 'circle time' Peer-to-Peer Discussion Questions are designed to encourage students to explore and share ideas on how to handle 'tricky' situations they or their peers might experience.

## How to Use These Cards

### Establish an Empathy Classroom

Before beginning, remind the class that:

- We listen respectfully when another person is speaking.
- We never use unkind words or 'put-downs'.
- Our classroom is a bully-free zone.
- Our classroom is a safe place for all.
- Everyone is equal in our classroom.
- We respect each other and their ideas.
- We are kind and caring to one another.

### Peer-to-peer & Group Discussion

Read the questions aloud. Allow students to discuss answers in pairs before sharing with the wider circle.

### Support

Ensure students know they can speak to you or one of their trusted adults privately if a topic raises personal concerns or difficult emotions.

# Body Boundary

- What do you think a body boundary is?
- Can people enter your body boundary without your consent? Why/why not?
- What does consent means?
- How would you feel if someone touched any part of your body without your consent? What could you say/do?



# Setting Boundaries

- What does it mean to set a boundary?
- Can you give me some examples? [List these.]
- How might people react when you set a boundary; like asking a person to not interrupt you when you're speaking?
- Do you think it takes courage to set a boundary? Why do you think that?



# Upstander

- What is an upstander?
- Do you think it takes courage to be an upstander? Why do you think that?
- Can you give me an example of a time when you were an upstander?



# Empathy

- What does empathy mean?
- Are you an empathetic person? Why do you say that?
- Why is empathy important in society?



# Trusted Adults

- Do you have three trusted adults you could go to if you felt uncomfortable or unsafe?
- If you don't have any trusted adults, who could you contact for help? [List help lines.]
- What do you think 'trust' mean? [List ideas.]
- Would you go to any of your trusted adults if you heard or saw something unsafe? Why/why not?



# Feeling Unsafe

- When have you felt unsafe offline/online?
- What did you do?
- Did you tell a friend or a trusted adult?
- What is the best thing to do if you see something unsafe or maybe someone asked you to do an unsafe act or keep an unsafe secret?
- Is it okay to tell a trusted adult even if you participated in something unsafe? Why do you say that?



# Feeling Safe Online

- What things can you do to keep yourself safe online? [List these as Online Safety Rules.]
- What kind of things could make you feel unsafe online? [List these.]
- What should you do if someone showed you pictures of private parts/their private parts? Or asked you to show your private parts or share pictures of your private parts?
- Can your peers or older kids make you do things you don't want to do?
- If they try to make you do something you don't want to do, what could you do?



# Secrets

- Has anyone asked you to keep an unsafe secret?
- What could you do if someone asked you to keep an unsafe secret/any kind of secret?
- What might you do if the person threatened you if you tell?

