



SO MANY WORDS FOR ME TO BE



Cut the along the dotted lines and put the words in a bowl. Every day, close your eyes and take out a word. Find the word and it's meaning in the book 'So Many Words for Me to Be'.

Using your word of the day, say **OUT LOUD** "I am_____." Think about a time you have felt this word.

WORDS ABOUT KINDNESS

✂

accepting	carin	compassionate	considerate	empathetic
generous	gentle	honest	inclusive	respectful
sensitive	sympathetic	thoughtful	understanding	warm

WORDS ABOUT STRENGTH AND DETERMINATION

✂

adventurous	athletic	awesome	bold	brave
capable	clever	confident	courageous	daring
determined	eager	empowered	fearless	keen
plucky	resilient	smart	spirited	strong



WORDS ABOUT JOY AND HAPPINESS

cheerful	ecstatic	enthusiastic	friendly	funny
grateful	happy	hopeful	jovial	joyful
jubilant	playful	positive	proud	thankful
unique				

WORDS ABOUT CURIOSITY

artistic	creative	curious	inquisitive	inspired
interested				

WORDS ABOUT CALM

calm	composed	content	cool	mindful
patient	peaceful	quiet	reflective	relaxed
serene	unruffled			

Do you know any words that aren't included? Use the blank boxes to add your favourite 'I am _____' words.

